



2020 Salsa Fargo Sub-48 Weekend Itinerary:

We're so pumped that our adventure by bike weekend is almost here!! We all need a break from this forgettable year. Riding bikes in an unfamiliar location and leaving it all behind is what we're aiming for!!

Please take time to read through the following details so you know where to go, what to expect, what to bring and how we'll manage all aspects of the weekend including safety protocols for Covid-19.

Our number one priority is for everyone to have a great weekend while feeling safe on and off the bike. We ask that you familiarize yourself with all of our instructions so everyone has a safe and memorable weekend.

COVID- 19 Precautionary Event Plans:

With the Corona virus an ongoing public health concern, we will implement the following plans to comply with State and CDC guidelines. First and foremost, if you feel sick or have been exposed to anyone with COVID-19, please do not attend the event.

Please understand in order for our Covid-19 mitigation plans to be successful, EVERYONE will be expected to follow these directions to ensure health and safety. We plan to have fun, but will do so in a respectful manner throughout the entire weekend. If for any reason you don't want to follow all these guidelines, we ask that you not attend. Thank you for your support and understanding.

- Practice and remind everyone to exercise social distancing both on and off the bike.
Respectfully give people their space (6 feet or more)
- Even though we're outdoors, masks must be worn anytime we are in close proximity; In line for rider check in, food lines, bathroom line, lines for food, beer, snacks....
- For campsite eating, drinking, bonfires... we ask that you stand or set up chairs 6 feet apart, masks may be removed once you've staked your space. Feel free to move around to socialize but respect others space.
- We'll have hand sanitizer dispensers available at numerous campsite locations.
- We'll have 70% alcohol based wipes and baby wipes for hands.
- We'll have sanitizing surface wipes available.
- Feel free to bring your own sanitizing products as you see fit.
- Campgrounds will have bathrooms available for soap and water hand washing, showers..
Please follow their posted COVID-19 rules on bathroom usage.
- Our team will wear masks for rider check in and we'd ask that you also wear a mask while checking in.
- All riders swag bags will be pre-filled and handed out at check-in.
- We will have multiple bonfires so social distance can be maintained.

- To help with social distancing riders may bring their own camp chair and we will haul it in a trailer to camp. Camp chairs will allow everyone to spread out around camp fires and will also be used for eating meals instead of picnic tables. (please put your name on your chair)
- Please bring a mask on your ride. We will ask you to wear a mask while checking in at and waiting in line for lunch. If you need mechanical or sag support, we ask that you wear a mask in the sag vehicle.
- We will not have our usual rider meeting before the ride. This document serves as your ride info.
- We will start rides socially distanced. Once riding you aren't expected to wear a mask, unless you're stopping to help someone or need a SAG ride, then please wear a mask.
- During Saturday's lunch stop, our staff will "serve" everyone. Our staff will wear masks and latex gloves for serving and we'll have single serve condiments and lunch snacks. Please wear masks and stay distanced in line for food and while eating.
- At camps, beer will be served by staff wearing masks and latex gloves, not self-service. We will only have Founders beer (CANS) not kegs. You can drink out of the can, your Sili Pint or we'll also have Greenware cups.
- Snacks will be in single serve containers and handed out by our staff.

Course and Navigation:

Day 1 will be just under 50 miles and 2200 feet of climbing with a few miles of seasonal road, a decent stretch of scenic pavement, rolling gravel and some crushed limestone non-motorized trail. You'll be treated to views of inland lakes, rivers, creeks and Lake Michigan! There is a stretch of a few miles on M22 leading you to the Lake Michigan scenic view. There's a good size shoulder on the road, but please stay as far right as possible and exercise caution with a rear blinky. We avoided most of the nasty sand but there are a few "soft" stretches so **we recommend 2" tires or larger for max enjoyment**. It's not a race and you'll have a good portion of the day to tour so don't worry about speed. We'll have a nice happy hour stop at Iron Fish Distillery, about 4 flatish miles of gravel and pavement to Saturday's camp at Betsie River Canoes and Campground.

Day 2 will start off paved to wake-up the legs then quickly hit some gravel climbs with some stellar seasonal roads. You'll have some good flat scenic pedaling before hitting the final few miles of seasonal before returning to Turtle Lake campground. The ride is right around 25 miles and 800 vertical feet and you can either hustle to get back home or take your time and enjoy the sights.

We will provide printed maps and cue sheets at rider check-in. Review the paper map for restroom, gas station and party store locations along the ride.

SAG Support: If you have health or bike issues; contact; John (616)550-2186, Marn (616)822-6820 or Tenner (616)292-2395

The course will not be marked.

**** Download GPX files to your Garmin****

You can access the day 1 and 2 route file through the following Google or Strava links. Note if you download through Strava, you need to be logged into your account to access and download the GPX file.

Google: <https://drive.google.com/file/d/1L9a7t6-RK8KiZ20OS3KzxoziSONJIQT1/view?usp=sharing>

Strava: <https://www.strava.com/routes/2735526477289499908>

Weekend location addresses and daily itinerary:

Friday's rider check-in and camping are at Turtle Lake Campground in Beulah:

<https://www.google.com/maps/place/Turtle+Lake+Campground/@44.6172813,-85.9111922,15z/data=!4m5!3m4!1s0x0:0xcaaea333e2f6e5c!8m2!3d44.6172813!4d-85.9111922>

Friday 9-11: Location: Turtle Lake Campground

[Google Maps Location](#)

Address: 854 Miller Rd, Beulah, MI 49617

Phone: (231)275-7353

[Turtle Creek Campground website](#)

- Follow Sub 48 signs into the campground to weekend parking / campsites and rider check in.
- There's Plenty of room for tents and some trees for hammocks.
- Bathrooms with restrooms, showers and sinks are located close to our camp.
- We'll have plenty of firewood for the evening and encourage small campsite fires.
- 5 PM - 10 PM Packet pick up / rider check-in at Barry Roubaix trailers
Riders will receive in their swag bag: Paper route map & cue sheet, Sili Pints, Orange Mud Buff, Chamois Butt'r, CLIF products and Squirt chain lube. You'll also receive any pre-ordered merch.
- 6 PM – 10 PM bonfires We'll have cans of assorted Founders beer & single serve snacks on hand as well as soda and water. You're welcome to bring your own spirits or favorite drink.
- Dinner is not provided Friday night; However, Camzies Woodfired Pizza will be on hand at camp and selling pizza from 6 – 9 pm. Otherwise plan to grab dinner on your way.

Saturday 9-12:

- 7 AM - 10 AM Late packet pick up / rider check in
- 8 AM – 9:30 AM Breakfast includes; coffee, 2 large pieces of breakfast pizza- veggie & meat options. Gravy based with cheese, mushrooms, meat, veggies and hash brown. We'll also have bananas & apples.
- We will have water, Infinit Nutrition for filling bottles/hydration packs, CLIF bars and ShotBlocs for your ride.
- 9 AM to 10 AM riders can depart at your leisure. We will NOT have our normal riders meeting and mass start due to COVID and social distancing. Once you are packed and ready begin your journey!
- The only coordinated aid station is a lunch stop located at 26.4 miles into the ride. Look for the SUB-48 sign. We'll be on hand from **Noon – 1:30 ish** serving sub sandwiches (meat & veggie) chips, fruit and dessert. We'll also have water, Infinit Nutrition and CLIF products for you to take on the go.
- Riders will pass through the town of Beulah which has a nice park/restrooms, stores and beach at mile 11. There is a public river access site at mile 16.6 with a vault toilet and a scenic overlook at mile 27.5 with vault toilet.

- Everyone must check in with John when you arrive for lunch so we're all accounted for!
 - Review the paper map for restroom, gas station and party store locations along the ride.
 - We invite you to stop at Iron Fish Distillery in Thompsonville for a Happy Hour beverage. They'll be offering Sub-48 riders \$2 off cocktails crafted with their Michigan made spirits! They open at 3pm so plan accordingly 😊
- Address:** 14234 Dzuibanek Rd, Thompsonville, MI 49683 (approx. 4.5 miles to camp 2)

•**Saturday night camp: Betsie River Canoes & Campground;**

<https://betsierivercanoesandcampground.com/>

Address: 13598 Lindy Rd, Thompsonville, MI 49683

- When you arrive at Betsie River Canoes & Campground, look for the Barry-Roubaix trailer for our camp sites. Again, please check in with John when you arrive at camp so everyone is accounted for.
- Camp is very simple and rustic. They do have restrooms and showers at the camp office, we'll have portajohns and a hand washing station near camp as well as a 20' x 40' tent. Please socially distance if gathering under the tent.
- 3 PM - 5 PM; Post ride free time, set up your camp, snacks and socialize distanced.
- 5PM – Founders beer and snacks served, bonfires with provided wood.
- 5:30 – 7:30 PM – dinner, Camzies Wood Fired Pizza; Everyone will receive their own 12" pizza (meat and veggie options), salad, fruit and pie. Additional pizzas can also be purchased with cash or credit card.

Sunday 9-13:

- 8 AM – 9:30 AM Breakfast: coffee, breakfast casserole – using skillet to cook Sausage, bacon, add hash browns, onion, mushroom, Green bell pepper, egg once cooked, put in flat pan cover with cheese crisp it, bananas & apples
- You are welcome to start riding back at any time. There are no aid stations on Sunday.
- Once again, please check in with John when you arrive back to your cars at Turtle Lake Campground so everyone is accounted for and don't forget to retrieve your camp chair if you brought one!

What to bring-checklist:

- Mask(s)
- Any additional hand sanitizer, wipes, additional masks.... to meet your comfort level
- Small camp chair ** (Please put your name on tape or the chair. We will transport in trailer)
- Cash, Credit card (for gas station or Iron Fish stop)
- Sleeping gear; tent, sleeping bag, sleeping pad or hammock with rain fly
- Bike packs / bags
- GPS unit with route files downloaded (we'll also provide printed maps & cue sheets)
- Bike, helmet, spare tubes, tools, hand pump...
- Bike blinky tail light for low light or inclement weather
- Hydration pack or water bottles
- Head lamp or flash light
- Snacks for ride
- Watch the latest forecast for optimal clothes for riding and camping, pack layering clothes

- Street shoes or sandals
- Swim suit, towel
- Bath supplies, sunscreen, bug spray
- Rain gear (watch weather and bring just in case)

Looking forward to seeing everyone and adventuring by bike for the weekend!! If you still have questions, please feel free to email us at; barryroubaix1@gmail.com

Cheers,

Rick & Cathy, Tenner & Marn, Matt & Jenny and Losey